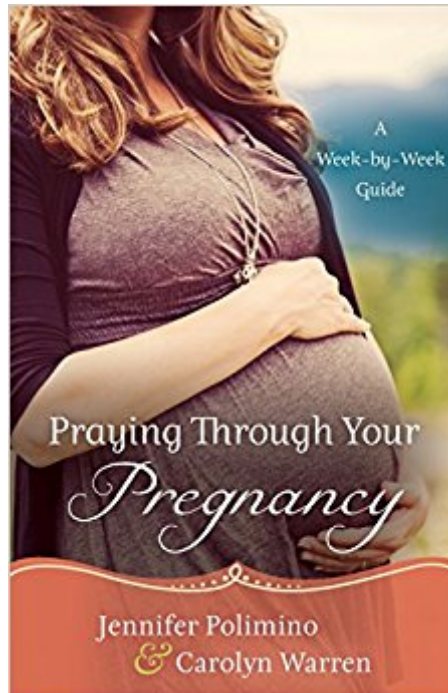




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# Praying Through Your Pregnancy: A Week-by-Week Guide



## Synopsis

Praying Through Your Pregnancy shows a mother how to provide an early head start for her child through the power of prayer. With fresh spiritual insight, each chapter reveals what is happening with the baby's development that week, starting with the very first moment of conception, when God begins the creation of either a boy or a girl. Readers will learn how the confidence they place in God affects the healthy development of their precious growing baby, and how to reduce their own stress and anxiety by looking to the Creator. In this interactive guidebook, the author shares excerpts from her pregnancy journal as an encouragement for women to write their own thoughts and feelings, and each chapter ends with a Mother's Prayer and Scriptures for Meditation. Praying Through Your Pregnancy was a 2011 Christian Book Award Finalist.

## Book Information

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## Customer Reviews

Give your growing baby the greatest gift of all: your prayers. Pregnancy is a time of great preparation. We prepare the nursery for the baby, we prepare our families to welcome a new member, we prepare our bodies to bring a sweet new life into the outside world. Even as we prepare these physical things, we can prepare our hearts. Praying Through Your Pregnancy shows how. This week-by-week guide is the perfect prayer handbook for this special time in your life. Each chapter reveals what is happening with your baby's development that week, starting with the very first moment of conception. You'll discover how to reduce stress and anxiety by placing your confidence in God for the healthy development of your precious growing baby. Journaling space

helps you remember in years to come how God was at work at every stage. And each chapter contains a special list of Scripture verses to guide further prayer and meditation on God's Word. Jennifer Polimino is the president and founder of PrayForYourBaby.com. Jennifer and her husband, Dan, were the fitness experts on FOX TV's Good Day Colorado and syndicated health and fitness columnists for the Denver Post and Rocky Mountain News. Jennifer and her family reside in Colorado. Carolyn Warren is the author of Mortgage Ripoffs and Money Savers. She has participated in many radio interviews, including Bob Brinker's national show Money Talk. Carolyn lives with her family in Seattle.

Jennifer Polimino is the president and founder of PrayForYourBaby.com, an online organization that helps parents to live godly lives, pray for their children, and prepare them for parenthood. Jennifer and her husband, Dan, were the fitness experts on FOX TV's Good Day Colorado for more than three years and were syndicated health and fitness columnists for the Denver Post and Rocky Mountain News. Her columns have appeared in newspapers across the United States. Jennifer and Dan have been married for more than 12 years and reside in Denver, Colorado, along with their two children.

Talk about transformational. These weekly prayers and scriptures to pray over my child while pregnant revolutionized my first pregnancy and now my second. With the world and other books (what to expect) scattering your thoughts with all that could go wrong, this book is all about reminding you the power of prayer. Having a specific prayer to pray over my child coinciding with his/her development that week is beyond empowering, and encouraging too!! HIGHLY recommend buying this the minute you find out you are pregnant. Those first couple of weeks, before your first ultrasound, or even the first trimester, can be full of fear, but not with this book at your fingertips. The prayers God has given Jennifer in this book along with strong scriptures to pray over my child have also allowed God to speak other truths into my pregnancy and shed light on unnecessary fears I've allowed to creep in. Her God-inspired words remind us that there IS power in prayer and God is ALWAYS in control, and to claim truth in Jesus' name. There are character traits and even physical traits I see in my son that I KNOW are a direct result of things I was encouraged to pray for through this book. I am forever blessed by this tool. This is my go-to book when pregnant and the best gift I've ever been able to give another new mom-to-be. DO NOT hesitate to purchase this book and read it cover to cover!

Love this book! Just what I'm looking for. The author is excellent, every week she shares stories of her own when she's pregnant and also states the growth or milestone of the baby in a week. It motivates me as a new mom to pray for my baby and myself as well. It also has some questions in a week where you can meditate on it. I'm very happy, I purchased this!

I am now on Week 18, and I cannot say enough great things about this book. It is beautifully written, and the prompts encourage me to journal about topics that I may not have conjured up on my own. I cannot wait to share this with my little one someday. It truly helps you keep perspective, and it also does a nice job of summarizing your baby's developmental milestones each week. If you are looking for some encouraging prayers and stories that develop your faith and prompt you to journal about your prayers, hopes and dreams for your child, this is it. I will definitely be buying this book in the future for friends who are moms to be.

This book was amazing to have during my pregnancy. I prayed every prayer out loud and I saw how it made a difference in my pregnancy and after my daughter was born. This book will help you to pray for things you never thought to pray for and turn to scripture during this joyous and often scary time of your life. Please purchase and read every week until your baby is born!

I didn't really care for this as much as I had hoped I would. I do appreciate the guided prayers, and have found it very special and helpful to pray for my baby's development week by week. But the rest of it was not very interesting, inspiring, or helpful to me. Now in week 10 I just skip those parts completely. I would not recommend it to my pregnant friends though and would not purchase again.

I first heard the authors on KLOVE, a christian radio station, and could not wait to get the book. What an inspiration it has been to my prayer life during this special time. I love how the authors describe the physical descriptions of how the baby is maturing but go deeper into a spiritual application. This is an excerpt from week 8 for example. "This week your baby's feet and toes are also beginning to form. I want my children to walk with Christ all the days of their lives, no matter where their feet take them. I want them to know that Jesus is always with them." It has been such an encouragement to read through the journaling and stories of the author and I love the scripture verses she encourages us to look up and the questions for your own journal entries. But my favorite thing about this book are the Mothers Prayers at the end of each week. I have used these prayers to write some of my own for my sweet baby boy. I recommend this book with 5 stars to anyone who

is pregnant or as a wonderful gift for the mom-to-be.

Defiantly a must have if you r pregnant absoulty love this book n defiantly plan on buying one every time one of my friends get pregnant

I love how precisely written this book is. Spot on! GREAT gift for pregnant mom's- doesn't matter if it's the first time or the 5th!

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